

Umatilla High School  
 October 2017  
 Fruit and Vegetable Variety Bar  
 1% White or Non-Fat Chocolate Milk  
 Umatilla School District is an equal opportunity provider

Mon	Tue	Wed	Thu	Fri
<p>2  <i>Breakfast</i>            Cereal Selection Or Cereal bars  <i>Lunch</i>            Chicken &amp; Cheese Quesadilla /Green Beans            Or            Ham &amp; Cheese sub w goldfish</p>	<p>3  <i>Breakfast</i>            Cereal selection or Mini Pancakes  <i>Lunch</i>            Hamburger w tots            Or            Tuna Sub w fruit cup</p>	<p>4  <i>Breakfast</i>            Cereal Selection or Cinnamon rolls  <i>Lunch</i>            Haystacks            Or            Turkey wrap w sun chips</p>	<p>5  <i>Breakfast</i>            Cereal Selection or breakfast pizza  <i>Lunch</i>            Beef Bean &amp; Cheese Burrito w corn            Or            Chicken Fajita salad w goldfish</p>	<p>6  <i>Breakfast</i>            Cereal Selection or Muffin &amp; yogurt or Pancake on a stick  <i>Lunch</i>            Pizza or PBJ w cheese stick &amp; Goldfish cracker</p>
<p>9  <i>Breakfast</i>            Cereal Selection Or Cereal bars  <i>Lunch</i>            Chicken Nuggets and Tri Patty            Or            Ham &amp; Cheese Sub w sun chips</p>	<p>10  <i>Breakfast</i>            Cereal selection or French toast sticks  <i>Lunch</i>            Chicken burger w green Beans            Or            Chicken &amp; cheese Quesadilla</p>	<p>11  <i>Breakfast</i>            Cereal Selection or Cinnamon rolls  <i>Lunch</i>            Sausage/ Biscuit &amp; Cheese w Tri patty            Or            Popcorn Chicken Salad w gold fish</p>	<p>12  <i>Breakfast</i>            Cereal Selection or breakfast pizza  <i>Lunch</i>            Pizza or            PBJ w cheese stick &amp; Goldfish cracker</p>	<p>13            No School In-service Day</p>
<p>16  <i>Breakfast</i>            Cereal Selection Or Cereal bars  <i>Lunch</i>            Cheese Sticks w/ Marinara            Or            Beef Bean and Cheese Burrito w Corn</p>	<p>17  <i>Breakfast</i>            Cereal selection or Mini Pancakes  <i>Lunch</i>            Tacos with Frijoles            Or            Fish sticks and Tots</p>	<p>18  <i>Breakfast</i>            Cereal Selection or Cinnamon rolls  <i>Lunch</i>            Spaghetti w corn &amp; garlic toast            Or            PBJ w cheese stick and goldfish</p>	<p>19  <i>Breakfast</i>            Cereal Selection or breakfast pizza  <i>Lunch</i>            Rib B Que w/ tots            Or            Tuna sub w sun chips</p>	<p>20  <i>Breakfast</i>            Cereal Selection or Muffin &amp; yogurt or Pancake on a stick  <i>Lunch</i>            Pizza or            PBJ w cheese stick &amp; Goldfish cracker</p>
<p>23  <i>Breakfast</i>            Cereal Selection Or Cereal bars  <i>Lunch</i>            Corn dog w Baked Beans            Or            Turkey &amp; Cheese Sub w fruit cup</p>	<p>24  <i>Breakfast</i>            Cereal selection or French toast sticks  <i>Lunch</i>            Grilled Cheese &amp; Tomato Soup            Or            Popcorn Chicken Salad w crackers</p>	<p>25  <i>Breakfast</i>            Cereal Selection or Cinnamon rolls  <i>Lunch</i>            Chicken Strips / Potato/Gravy &amp; Roll            Or            PBJ Cheese stick /goldfish cracker</p>	<p>26  <i>Breakfast</i>            Cereal Selection or breakfast pizza  <i>Lunch</i>            Hamburgers w sun chips            Or            Ham &amp; cheese w sun chips</p>	<p>27  <i>Breakfast</i>            Cereal Selection or Muffin &amp; yogurt or Pancake on a stick  <i>Lunch</i>            Pizza or PBJ w cheese stick &amp; Goldfish cracker</p>
<p>30  <i>Breakfast</i>            Cereal Selection Or Cereal bars  <i>Lunch</i>            Beef Bean &amp; Cheese Burrito            Or            Cheesy Bagel w Fruit cup</p>	<p>31  <i>Breakfast</i>            Cereal selection or Mini Pancakes  <i>Lunch</i>            Sloppy joes with Corn            Or            Popcorn chicken salad/goldfish</p>			