

Clara Brownell Middle School
 October 2017
 Fruit and Vegetable Variety Bar
 1% White or Non-Fat Chocolate Milk
 Umatilla School District is an equal opportunity provider

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p><i>Breakfast</i> Cereal Selection Or Cereal bars <i>Lunch</i> Chicken & Cheese Quesadilla /Green Beans Or Ham & Cheese sub w goldfish</p>	<p>3</p> <p><i>Breakfast</i> Cereal selection or Mini Pancakes <i>Lunch</i> Hamburger w tots Or Tuna Sub w fruit cup</p>	<p>4</p> <p><i>Breakfast</i> Cereal Selection or Cinnamon rolls <i>Lunch</i> Haystacks Or Turkey wrap w sun chips</p>	<p>5</p> <p><i>Breakfast</i> Cereal Selection or breakfast pizza <i>Lunch</i> Beef Bean & Cheese Burrito w Corn Or Chicken Fajita salad w goldfish</p>	<p>6</p> <p><i>Breakfast</i> Cereal Selection or Muffin & yogurt or Pancake on a stick <i>Lunch</i> Pizza or PBJ w cheese stick & Goldfish cracker</p>
<p>9</p> <p><i>Breakfast</i> Cereal Selection Or Cereal bars <i>Lunch</i> Chicken Nuggets and Tri Patty Or Ham & Cheese Sub w sun chips</p>	<p>10</p> <p><i>Breakfast</i> Cereal selection or French toast sticks <i>Lunch</i> Chicken burger w green Beans Or Chicken & cheese Quesadilla</p>	<p>11</p> <p><i>Breakfast</i> Cereal Selection or Cinnamon rolls <i>Lunch</i> Sausage/ Biscuit & Cheese w Tri patty Or Popcorn Chicken Salad w gold fish</p>	<p>12</p> <p><i>Breakfast</i> Cereal Selection or breakfast pizza <i>Lunch</i> Pizza or PBJ w cheese stick & Goldfish cracker</p>	<p>13</p> <p style="text-align: center;">No School In-service Day</p>
<p>16</p> <p><i>Breakfast</i> Cereal Selection Or Cereal bars <i>Lunch</i> Cheese Sticks w/ Marinara Or Beef Bean and Cheese Burrito w Corn</p>	<p>17</p> <p><i>Breakfast</i> Cereal selection or Mini Pancakes <i>Lunch</i> Tacos with Frijoles Or Fish sticks and Tots</p>	<p>18</p> <p><i>Breakfast</i> Cereal Selection or Cinnamon rolls <i>Lunch</i> Spaghetti w corn & garlic toast Or PBJ w cheese stick and goldfish</p>	<p>19</p> <p><i>Breakfast</i> Cereal Selection or breakfast pizza <i>Lunch</i> Rib B Que w/ tots Or Tuna sub w sun chips</p>	<p>20</p> <p><i>Breakfast</i> Cereal Selection or Muffin & yogurt or Pancake on a stick <i>Lunch</i> Pizza or PBJ w cheese stick & Goldfish cracker</p>
<p>23</p> <p><i>Breakfast</i> Cereal Selection Or Cereal bars <i>Lunch</i> Corn dog w Baked Beans Or Turkey & Cheese Sub w fruit cup</p>	<p>24</p> <p><i>Breakfast</i> Cereal selection or French toast sticks <i>Lunch</i> Grilled Cheese & Tomato Soup Or Popcorn Chicken Salad w crackers</p>	<p>25</p> <p><i>Breakfast</i> Cereal Selection or Cinnamon rolls <i>Lunch</i> Chicken Strips / Potato/Gravy & Roll Or PBJ Cheese stick /goldfish cracker</p>	<p>26</p> <p><i>Breakfast</i> Cereal Selection or breakfast pizza <i>Lunch</i> Hamburgers w sun chips Or Ham & cheese w sun chips</p>	<p>27</p> <p><i>Breakfast</i> Cereal Selection or Muffin & yogurt or Pancake on a stick <i>Lunch</i> Pizza or PBJ w cheese stick & Goldfish cracker</p>
<p>30</p> <p><i>Breakfast</i> Cereal Selection Or Cereal bars <i>Lunch</i> Beef Bean & Cheese Burrito Or Cheesy Bagel w Fruit cup</p>	<p>31</p> <p><i>Breakfast</i> Cereal selection or Mini Pancakes <i>Lunch</i> Sloppy joes with Corn Or Popcorn chicken salad/goldfish</p>			