

McNary Heights Elementary School  
 August & September 2017  
 Fruit and Vegetable Variety Bar  
 1% White or Non-Fat Chocolate Milk  
 Umatilla School District is an equal opportunity provider

Mon	Tue	Wed	Thu	Fri
<p>28 <i>Breakfast</i>            Cereal Selection Or Cereal bars            Lunch            Chicken &amp; Cheese Quesadilla /Green Beans            Or            Ham &amp; Cheese sub w goldfish</p>	<p>29 <i>Breakfast</i>            Cereal selection or Mini Pancakes            Lunch            Hamburger w tri patty            Or            Tuna Sub w fruit cup</p>	<p>30 <i>Breakfast</i>            Cereal Selection or Cinnamon rolls            Lunch            Haystacks            Or            Turkey wrap w sun chips</p>	<p>31 <i>Breakfast</i>            Cereal Selection or breakfast pizza            Lunch            Beef Bean &amp; Cheese Burrito            Or            Chicken Fajita salad w goldfish</p>	<p>1 <i>Breakfast</i>            Cereal Selection or Muffin &amp; yogurt or Pancake on a stick            Lunch            Pizza or PBJ w cheese stick &amp; Goldfish cracker</p>
<p>4            Labor Day No School!!</p>	<p>5 <i>Breakfast</i>            Cereal selection or French toast sticks            Lunch            Corn dog w Baked Beans            Or            Turkey &amp; Cheese Sub w fruit cup</p>	<p>6 <i>Breakfast</i>            Cereal Selection or Cinnamon rolls            Lunch            Spaghetti w corn &amp; garlic toast            Or            Hot dog w Gold fish</p>	<p>7 <i>Breakfast</i>            Cereal Selection or breakfast burrito            Lunch            Rib B Que w sun chips            Or            Tuna sub w sun chips</p>	<p>8 <i>Breakfast</i>            Cereal Selection or Muffin &amp; yogurt or Pancake on a stick            Lunch            Pizza or PBJ w cheese stick &amp; Goldfish cracker</p>
<p>11 <i>Breakfast</i>            Cereal Selection Or Cereal bars            Lunch            Chicken Nuggets and Tri Patty            Or            Ham &amp; Cheese Sub w sun chips</p>	<p>12 <i>Breakfast</i>            Cereal selection or Mini Pancakes            Lunch            Chicken burger w green Beans            Or            Chicken &amp; cheese Quesadilla</p>	<p>13 <i>Breakfast</i>            Cereal Selection or Cinnamon rolls            Lunch            Sausage/ Biscuit &amp; Cheese w Tri patty            Or            Popcorn Chicken Salad w gold fish</p>	<p>14 <i>Breakfast</i>            Cereal Selection or breakfast pizza            Lunch            Tacos with Frijoles            Or            Fish sticks and Tots</p>	<p>15 <i>Breakfast</i>            Cereal Selection or Muffin &amp; yogurt or Pancake on a stick            Lunch            Pizza or PBJ w cheese stick &amp; Goldfish cracker</p>
<p>18 <i>Breakfast</i>            Cereal Selection Or Cereal bars            Lunch            Cheese Sticks w/ Marinara            Or            Beef Bean and Cheese Burrito w Corn</p>	<p>19 <i>Breakfast</i>            Cereal selection or French toast sticks            Lunch            Grilled Cheese &amp; Tomato Soup            Or            Popcorn Chicken Salad w crackers</p>	<p>20 <i>Breakfast</i>            Cereal Selection or Cinnamon rolls            Lunch            Chicken Strips / Potato/Gravy Green Beans &amp; Roll Or            PBJ Cheese stick /goldfish cracker</p>	<p>21 <i>Breakfast</i>            Cereal Selection or breakfast burrito            Lunch            Hamburgers Pork &amp; Beans            Or            Ham &amp; cheese w sun chips</p>	<p>22 <i>Breakfast</i>            Cereal Selection or Muffin &amp; yogurt or Pancake on a stick            Lunch            Pizza or PBJ w cheese stick &amp; Goldfish cracker</p>
<p>25 <i>Breakfast</i>            Cereal Selection Or Cereal bars            Lunch            Beef Bean &amp; Cheese Burrito            Or            Cheesy Bagel w Fruit cup</p>	<p>26 <i>Breakfast</i>            Cereal selection or Mini Pancakes            Lunch            Waffles &amp; Sausage            Or            Popcorn chicken salad/goldfish</p>	<p>27 <i>Breakfast</i>            Cereal Selection or Cinnamon rolls            Lunch            Hot dog w Baked Beans            Or            Corn dog w fresh fruit</p>	<p>28 <i>Breakfast</i>            Cereal Selection or breakfast pizza            Lunch            Chicken Fajitas w Corn            Or            Turkey &amp; Cheese wrap w sun chips</p>	<p>29 <i>Breakfast</i>            Cereal Selection or Muffin &amp; yogurt or Pancake on a stick            Lunch            Pizza or PBJ w cheese stick &amp; Goldfish cracker</p>