









**Umatilla School District Summer Food Service Menu
 July 2019
 Fruit and Vegetable Variety Bar
 1% White or Non-Fat Chocolate Milk
 This institution is an equal opportunity provider.**

Mon	Tue	Wed	Thu	Fri
<h1 style="color: red; margin: 0;">Umatilla School District's Summer Feeding Program Kids Eat For Free</h1>				
<p>1 Breakfast –Cereal Selections Whole Grain Breakfast Bar Lunch Chicken & Cheese Quesadilla Or Ham & cheese Sub w WG chips Dinner McNary Heights Only Rib B Que</p>	<p>2 Breakfast Cereal Selection Or Mini Pancakes Lunch Waffles & Sausage Or Popcorn chicken Salad w Goldfish Dinner McNary Heights only Corn dog w Tri Patty</p>	<p>3 Breakfast –Cereal Selections Cinnamon Roll Lunch Hot dogs or Turkey wrap w Fruit cup Dinner McNary Heights ONLY Pizza or Pbj w Goldfish</p>	<p>4 No Summer Meals Happy 4th of July!</p> 	<p>5 Breakfast –Cereal Selections Whole Grain Maple Pancake Sausage on a stick Lunch Pizza Or PBJ/Cheese Stick & Goldfish cracker Dinner McNary Heights Only Cheese stick w Marinara</p>
<p>8 Breakfast –Cereal Selections Whole Grain Breakfast Bar Lunch Cheese burger w Tots Or Popcorn Chicken Salad w GF crackers Dinner MCNary ONLY Beef Tacos w Frijoles</p>	<p>9 Breakfast Cereal Selection Or Bagel Pull apart Lunch Chicken Fajita w corn Or Ham & Cheese sub w goldfish Dinner McNary Only Pizza Or PBJ w GF Crackers</p>	<p>10 Breakfast –Cereal Selections Cinnamon Roll Lunch Rib B Que w WG chips Or Cheesy Bagel w WG chips Dinner McNary Only Chicken Burger w Baked Beans</p>	<p>11 Breakfast– Cereal Selections or Breakfast Pizza Lunch Grilled Cheese & Tomato Soup Or Turkey wrap w sun chips Dinner McNary Heights ONLY Chef Salad w/Goldfish Crackers</p>	<p>12 Breakfast –Cereal Selections Whole Grain Maple Pancake Sausage on a stick Lunch Pizza Or PBJ/Cheese Stick & Goldfish cracker Dinner McNary Heights Only Ham & Cheese Bagels w Sun Chips</p>
<p>14 Breakfast –Cereal Selections Or Whole Grain Breakfast Bar Lunch Beef Bean & Cheese Burrito Or Tuna & Cheese Sub Dinner McNary ONLY Cooks Choice</p>	<p>15 Breakfast Cereal Selection Or Mini Pancakes Lunch Cheese Stick Marinara Or Cheesy Bagel w WG Cheetos Dinner McNary ONLY Chicken Fajita w Corn</p>	<p>16 Breakfast –Cereal Selections Cinnamon Roll Lunch Beef Tacos w frijoles Or Ham & Cheese Sub Dinner McNary ONLY Pizza Or PBJ w Goldfish Crackers</p>	<p>17 Breakfast– Cereal Selections or Breakfast Pizza Lunch Chicken Nugget Biscuit & Gravy Or Ham & Cheese Sub Dinner McNary ONLY Hamburger w tots</p>	<p>18 Breakfast –Cereal Selections Whole Grain Maple Pancake Sausage on a stick/ Muffin and Yogurt Lunch Pizza Or PBJ/Cheese Stick & Goldfish cracker Dinner McNary Heights Only Beef Bean & Cheese Burrito</p>
<p>Breakfast Available to adults for \$1.00 & Lunch for \$2.00. Dinner for \$2.00 Any questions Please contact Rikkilynn Larsen 541-922-6504</p>	<p>Umatilla High School – Breakfast- 8:30 am to 9:30AM Lunch is served: 11:30-12:30PM Monday –Friday</p>	<p>McNary area- Kiwanis Park (Next to McNary Market)- Lunch is served: 12:30-1:30 Monday-Friday</p>	<p>McNary Heights Elementary (Please enter through side Cafeteria door by dumpsters) Breakfast at 8:00 to 9:00AM and Lunch 11:00-12:00PM Dinner 5:30-6:30pm</p>	<p>New Locations this year Triangle Park 10:30-11:15 Marina Park 11:30-12:15</p>

Umatilla School District Summer Activity Schedule

July 2019

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Mon	Tue	Wed	Thu	Fri
<p>1</p> <p><i>T- Parachute</i> <i>M- Parachute</i> <i>K - Learning Picnics</i></p>	<p>2 <i>All Parks</i></p> <p><i>T-</i> <i>K- OSU Tasting w/ activity</i></p>	<p>3 <i>All Parks</i></p> <p><i>Painting</i></p>	<p>4</p> 	<p>5 <i>All Parks</i></p> <p><i>Jump rope & Frisbees</i></p>
<p>8</p> <p><i>T- Hula Hoops</i> <i>M- Hula Hoops</i> <i>K- Learning Picnic</i></p>	<p>9</p> <p><i>T - Jump ropes and Frisbees</i> <i>M - Jump ropes and Frisbees</i> <i>K - OSU Tasting w/ activity</i> <i>UHS - Advantage Dental /ESD</i></p>	<p>10</p> <p><i>T- Project Lit</i> <i>M - Project Lit</i> <i>K- Project Lit</i> <i>K - Group Activities</i></p>	<p>11</p> <p><i>T- Ball Toss</i> <i>M- Advantage Dental/ ESD</i> <i>M- Group Activities</i> <i>K- Ball Toss</i></p>	<p>12 <i>All Parks</i></p> <p><i>Coloring Pages</i></p>
<p>14</p> <p><i>T- Tunnels & Scoop ball</i> <i>M - Tunnels & scoop ball</i> <i>K- Learning Picnic</i> <i>MHES- Good Shepherd</i></p>	<p>15</p> <p><i>T - Painting</i> <i>M - Painting</i> <i>K- OSU Tastings w/ Activity</i> <i>K - Advantage Dental / ESD</i></p>	<p>16</p> <p><i>T- Jump Ropes & Frisbees</i> <i>M - Jump Ropes & Frisbees</i> <i>K- Group Activities</i></p>	<p>17</p> <p><i>T- Advantage Dental / ESD</i> <i>M - Group Activities</i> <i>K- Face Painting</i></p>	<p>18</p> <p><i>T- Jump Ropes & Frisbees</i> <i>M- Jump Ropes & Frisbees</i> <i>K - Arts and Crafts</i></p>
	<p><i>Thank You to our Partners!</i></p>			
			<p>Umatilla Public Library</p>	<p><i>T -Triangle Park 10:30 -11:15</i> <i>M - Marina 11:30 to 12:15</i> <i>K - Kiwanis (By McNary Mar- ket) 12:30 to 1:30</i> <i>MHES- 11:00 to 12:00</i></p>