



Umatilla After School Program Menu
 June 2019
 Fruit and Vegetable Variety Bar Offered Daily
 1% White or Non-Fat Chocolate Milk
 All grains served are whole grain
 This institution is an equal opportunity provider

Mon	Tue	Wed	Thu	Fri
3 <i>Snack</i> Muffin & Milk <i>Dinner</i> Rib B Que	4 <i>Snack</i> Pretzel & Juice <i>Dinner</i> Pizza	5 <i>Snack</i> Mini Pancakes & applesauce <i>Dinner</i> Corn dogs w WG chips	6 <i>Snack</i> Juice, apples and Peanut butter <i>Dinner</i> Chicken, Cheese Quesadilla	7 <i>Snack</i> Cereal Bar & Milk <i>Dinner</i> Cooks choice
10 <i>Snack</i> Yami yogurt & Cina grahams <i>Dinner</i> Cheese Sticks w Marinara	11 <i>Snack</i> Goldfish & Juice <i>Dinner</i> Pizza	12 Last day of Afterschool <i>Snack</i> Cooks choice <i>Dinner</i> Cooks choice		
				<p> <i>Summer Feeding will be</i> 6/24/19-8/16/19 Triangle Park 10:30-11:15 Marina 11:00-12:00 Kiwanis 12:30-1:30 Umatilla High school 8:30-9:30 & 11:30 to 12:30 McNary Heights 8:00-9:00am & 11:00-12:00 </p>